



## TRACK & FIELD TRYOUTS!!

3:15-4:45

Sprints - Tues, Nov 12 - Thurs, Nov 14

Distance - Tues, Nov 12 & Fri, Nov 15

Discus/Shot Put - Tues, Nov 12, Thurs, Nov 14 & Fri, Nov 15

Head Coach – Malinalli Cooke

mcooke@wvusd.k12.ca.us

Room 419

## WHO:

ANY NON WINTER-SPORT ATHLETE WHO HAS A FIERCE, COMPETITIVE DRIVE

## WHEN:

TUESDAY - FRIDAY 11/12 - 11/15

**AFTER SCHOOL** 3:15-4:45 PM

WHERE:
THE TRACK

## **WHAT:**

MUST HAVE
COMPLETED THE
ATHLETIC CLEARANCE
PROCESS IN ORDER TO
TRY OUT

(SEE MS. MANLY IN ROOM 731)

Please check the Track & Field page on the Athletics website for more information